

Sunday

Children's Marquee

10.00 - 10.45am *Soria Moria Castle* – Sarah Liisa Wilkinson (Age B)

A directionless young man rakes the ashes in the fireplace and dreams away his days (while his parents tear their hair out in frustration). But one day, his future comes calling... Sarah Liisa Wilkinson tells a coming-of-age tale full of love, adventures in strange lands, and big fat smelly hairy trolls, all found on the way to Soria Moria Castle.

11.15am - 12.15pm *Workshop Upcycled!! Bags and Bottle Holders* – David and Kathy Bland (Age A, but under-14s **must** be accompanied by an adult.)

David and Kathy will provide the patterns and the know-how guiding you to make your upcycled creations. These craft workshops transform old or recycled materials into useful and attractive items, and you can learn new skills and techniques along the way.

Drop in Session. If possible, please bring with you an old t-shirt to be upcycled!

1.00 - 3.00pm *Mythic Characters Art Workshop* – Kanj Nicholas (Age 6+ but children **must** be accompanied by an adult.)

Kanj Nicholas is a talented artist, writer, illustrator and textile designer working across a variety of media. She takes her inspiration from the natural world and her travels. Her Sri Lankan roots have instilled in her a love of bright and bold colours, which can be seen in her debut children's book "Imagine If We Could Fly". In this workshop, Kanj will be guiding you in using craft materials and skills to create masks inspired by mythical characters.

Max 20. Sign up at Box Office.

2.30 - 3.15pm *The Mango Sun* – Emily Hennessey (Age A)

Who took a bite out of the sun?

How are flying monkeys made?

What happened to the boy with no head?

And how on earth can it take so long to find a coconut for breakfast?!

Storyteller Emily Hennessey takes the reins on a wild adventure through the myths and folktales of India.

Hold on to your hats!

Solo Circus Sessions

Solo Circus, A.K.A. Mark Russell is a multi-skilled circus skills entertainer, juggler, stilt walker, and all-round entertainer! He has been on the circuit for almost thirty years and will be entertaining younger audiences and their families with workshops and walkabout activities throughout Saturday and Sunday.

12.30 - 2.30pm *Circus Skills Workshop – Solo Circus* (Next to Children's Marquee)
(Age 5+)

Join Mark for fun, frolics and learn a new skill or two at the same time from this hugely experienced and energetic artist. You can learn to juggle, plate spin, hula hoop, unicycle and more.

Constructive fun for children and adults.

Red Marquee

10.00 - 11.00am *Forged in Feather – David Hughes* (Age F)

When our paths are clearly laid out for us, what happens when we ignore the map? When something else draws us beyond the expected? We can only set our own course – listen to the call of the black feathered mystery that is too strong to ignore. David blends personal story with old Scottish tales to explore what it means to look inward to come out.

11.30am - 12.30pm *The Walnut Girl - Shonaleigh* (Age B, 7+)

Born from a walnut and raised by a water carrier, the Walnut Girl strides the world, rescuing princes, dancing round fires, and generally embracing life. When anyone asks her what she wants out of life she says, "I'm the Walnut Girl and I was born for adventure!" Join Shonaleigh for this captivating story.

1.00 - 2.00pm *The Snake Witch and the Grinning Castle – Sarah Liisa Wilkinson*
(Age D)

A young woman rejects the crown. A house falls apart. And a witch hitches a ride... Sarah Liisa Wilkinson casts a contemporary eye over an ancient, entangled Finnish fairytale. Enter a place of promises, snake love, expectation, and the things we won't let go of – so we can discover what it takes to know who we are.

2.15 - 3.30pm *The White Rose* – *Tim Ralphs* (Age D, 12+)

Camelot has fallen. The round table is broken and burning. A woman rides out with a mysterious mission; in her hands are three white roses, gifts for 'the most virtuous of ladies', but our heroine has no clue as to where such women might be found. Find new perspectives on our ancient legends with stories of passion, enchantment and the temperance needed to bring peace in troubled times.

Purple Marquee

10.30 - 11.30am *Concert Ancestral Voices* – *Jo Jukes and Rick Wilson* (Age A)

Jo Jukes' heartfelt lyrics sing of connection to the landscape and nature on her doorstep. Songs of the natural world, songs of endurance, songs of hope and fortitude.

Rick Wilson has four solo albums to his name and credits on countless others. He has worked as musical director, workshop and project leader amongst storytelling and theatre initiatives worldwide.

Together, they make a beguiling duo.

12.00 - 1.00pm *Land Under Wave* – *Young Edinburgh Storytellers* (Age F)

Three storytellers, trapped in the Otherworld, must perform for the court of the faeries to earn their freedom. Which story does the human realm need to hear the most? The audience decides! In this intimate and interactive piece, storyteller-musicians Mark Borthwick, Ailsa Dixon, and David Hughes, navigate the mysteries of emergence, transformation and becoming, blending their voices with music to explore queer identity and the rewilding of people and place.

This show involves audience participation.

1.30 - 2.15pm *Concert The Poet and The Songwriter* - *Alison Brackenbury and Keith James* (Age A)

Stories of hares, history, horses and unreasonable hope. Descended from long lines of servants and skilled farmworkers, Alison grew up in an isolated village. After fifty years in a small Gloucestershire town, living beside a railway cutting, with foxes and owls, she writes from a borderland between worlds. Her poems celebrate a fragile, precious Earth – and the starling, still singing on the roof. Alison's work can be found in her ten poetry collections, and in her substantial Selected Poems, *Gallop*. Her poems have often been heard on BBC Radio, especially on Radio 4's arts flagship,

Festival at the Edge 2024 - Detailed – Sunday

'*Front Row*', and in her own critically acclaimed radio programmes. "Evocative, amusing and utterly compelling..." Radio Times Choice.

Keith James has dedicated his entire working life to music, songwriting, poetry and performing. A unique and somewhat solitary musician who, many years ago, decided to follow his own path as a genuine and individual performer and recording artist. He has matured into one of Britain's most trusted concert performers. Whether playing covers or his own songs

"Some of the most atmospheric and emotive music you will ever hear", *The Independent*.

2.30 - 3.15pm *Trading Tales – Shonaleigh and Ana Maria Lines (Age A)*

With Shonaleigh and Ana Maria Lines trading tales, you're bound to be in for a lively and hugely entertaining session. Both of these women have oodles of stories in their repertoires, they both have the power to be sensitive, emotive, sensual but also uproariously funny. Where this session goes will depend on the unique spontaneous spark between the tellers, the beautiful setting, and, of course, *you* – the audience!! A truly intriguing combination!

3.45 - 5.00pm *Tales and Tunes of Farewell – Aisla Dixon, Sahand Sahebdivani, Sarah Liisa Wilkinson, Dan Walsh, Len Cabral (Age A)*

All good things must come to an end, so the saying goes, so here we have our final concert, bringing together a selection of the tellers and musicians who have entertained you over the weekend. Such a sparkling combination, it's sure to be a fabulous finish to the 31st FatE.

Yellow Marquee

9.00 - 10.00am *Tai Chi and Qi Gong - Nicola G. Day* (Suitable for all ages, but younger children should be accompanied by an adult.)

Get your day off to a mindful start with some gentle but energizing tai chi and qi gong from highly experienced instructor, Nicola G. Day. Nicola will take you through a selection of exercises, which are ideal for stretching and strengthening the muscles, focusing your qi (energy) and developing your co-ordination and balance. No prior experience necessary, remember to wear comfortable clothing and (flat) shoes.

Max – Venue Capacity. No need to sign up in advance.

Festival at the Edge 2024 - Detailed – Sunday

10.30am - 12.00pm *Workshop The Nuts and Bolts of Storytelling* – Len Cabral (Age 13+)

This workshop will explain the tools needed to become a storyteller who engages the listeners, be they children or adults. Len will cover a wide range of the techniques of storytelling, including: where to find stories; how to learn stories; how and where to practise them; and even how to avoid mistakes that get in the way of the story. He will tackle such questions as - Do we memorize or do we just *know* the story? Len will discuss the importance of setting the stage before taking the stage.

Maximum 25. Please sign up at the Box Office.

12.30 – 1.30pm *Writing Workshop Land to Verse* – Jo Jukes (Age G, 13+)

Musician, song writer, poet, and artist Jo Jukes takes us through practical ways to turn our experiences out in the landscape into poetry, storytelling and song. Using natural objects found on walks, Jo shows us how to develop ideas and words from a sensory stimulus into performance pieces. This is a chance to delve into her world and experience some of the ways in which she uses her connection to nature as inspiration for all her work.

This workshop will be practical and experiential giving participants methods to develop their own imaginative practices. No prior experience needed.

Max – 20. Please sign up at the Box Office.

1.45 - 3.15pm *Workshop The Foundations of telling engaging personal stories* – Sahand Sahebdivani (Age – Adults, All skills levels)

While some might think telling a personal story simply means babbling away about your own life, telling an engaging one is actually an art with techniques that can be taught and learned! Sahand Sahebdivani has mixed traditional stories with his personal and family narratives for over two decades, turning them into shows which have toured international stages. Learn the tips and techniques for doing this for yourself.

Max – 20. Please sign up at the Box Office.

Other Venues:

Bar

11.00am - 12.00pm Bar Session – Mossy Christian and Megan Wisdom (Age A)

Another chance to listen to the fabulously talented Mossy and Megan in a more relaxed and spontaneous setting. Have a coffee or a beer and relax while you soak up the atmosphere and the music.

1.00 – 2.00pm Workshop Beer Tasting with Nick Davis of Hobsons Brewery (Age 18+)

Following the success of last year's beer tasting sessions, Nick Davis, owner of local brewery, Hobsons, will guide you through a range of different beer styles to sample. Find out the difference between the hoppy high notes of pale ales and the rich deep flavours of amber and darker ales.

Please note there is a **£10.00** charge for this session. Max 20 - Sign up and pay at the Box Office. **Strictly for adults aged 18 years and over.**

Festival-goers are reminded – Do not Drink and Drive!

Walks

12.30 – 1.30pm Trails, Tales and Tunes – Mossy Christian and Megan Wisdom, and Ana Maria Lines (Age A)

What better way to spend an hour than walking gently through the scenic surroundings of Hopton Court Estate, and then stopping to listen to some wonderful stories and songs from this trio. A chance to listen to imaginative stories and evocative songs in the great outdoors.

*Please meet in the Walled Garden

The Birchwood

10.30 - 12.00pm Touched by Nature: Herbal Storywalk – Lucy Wells and Pip Waller (Age A)

Join Lucy and Pip in a speed dating session with the plant kingdom. You will make friends with plants and trees in a light-hearted way that encourages the familiarity you didn't realise you already had. As you walk through the landscape you will also hear about stories of journeys to other realms to discover herbal lore and medicinal uses as featured in Lucy and Pip's new book. This unusual story walk will give you the chance to experience the use of a sacred offering to enhance spiritual

Festival at the Edge 2024 - Detailed – Sunday

relationships between humans and the plants, as you walk among them together. Wear sturdy shoes – Please meet in the Birch Wood.

2.00 – 2.45pm *Rhythms at your Fingertips* – Rick Wilson (Age G, 8+)

Drumming specialist Rick Wilson will introduce you to, and guide you through, a series of exciting rhythms that we can all play together on drums and percussion, irrespective of any previous experience.

All activities are collective efforts where all contributions count. Cross-rhythms, body rhythms, all kinds of rhythms drawn from Rick's wide experience of all forms of music, tempered by his own original take on each one. If you have a favoured drum, please bring it along. If not, there will be some to share. We will make a joyful noise!

No previous experience needed.

Max – 20. Please sign up at the Box Office.