

Saturday Day

Children's Marquee

10.00 - 10.45am *Pirates, Witches and Salt Spray* – Aisla Dixon (Age A)

A magical romp through fast paced, family friendly sea stories - from Orkney witches and adventurous pirates, to Selkies, mermaids and roving Vikings. This fun and interactive family friendly show involves lots of singing, lots of movement and lots of laughter.

11.30am - 12.30pm *Workshop Instrument Making* – David and Kathy Bland (Suitable for all ages accompanied by parents, or unaccompanied children aged 14+)

Drop-in craft sessions to make shakers, single string guitars, sistrums and mendozas – all out of recycled and natural materials.

No need to sign up.

1.00 - 3.00pm *Workshop Mythic Characters Art Workshop* – Kanj Nicholas (Age 6+ but children **must** be accompanied by an adult).

Kanj Nicholas is a talented artist, writer, illustrator and textile designer working across a variety of media. She takes her inspiration from the natural world and her travels. Kanj's Sri Lankan roots have instilled in her a love of bright and bold colours, which can be seen in her debut children's book "Imagine If We Could Fly". In this workshop, Kanj will be guiding you in creating masks inspired by mythical characters. You will use collage and printing techniques. You can choose a mask to wear, or create an ornamental mask. Materials are carefully selected with consideration to the environment.

Max 20. Please sign up at Box Office.

3.30 - 4.30pm *Trolls!* – Emily Hennessey (Age B)

Are you feeling brave? Let's step into the forest...

Lurking in the shadows of the trees, sniffing around by mossy boulders and snoring in caves, the trolls are everywhere. Some (I'm sorry to say) do like to eat children. But don't worry! We'll meet brave, quick-witted youngsters ready to save the day. Prepare to learn everything you'll ever need to know in case one day you meet a real-life troll.

5.30 - 6.15pm *Around the World: Stories and Songs* – Ana Maria Lines (Age 10+)

Ana was born in Sao Paulo, Brazil and has honed her craft over the years, gaining inspiration from the multi-cultural environments and countries she has visited. Ana developed her unique style by studying the relationships between tribes and communities, particularly focusing on their engagement with traditional stories, dance and music. In her shows Ana has been linking these formats together to create enchanting and vibrant performances. In this lovely show you can travel with Ana around the world in 8 stories and songs from far away lands such as Brazil, Argentina, Mexico, Japan and Australia.

Solo Circus Sessions

Solo Circus, A.K.A. Mark Russell is a multi-skilled circus skills entertainer, juggler, stilt walker, and all-round entertainer! Although this is his first time at FatE, he has been on the circuit for almost thirty years and will be entertaining younger audiences and their families with workshops and **walkabout activities** at different times through Saturday and Sunday.

12.30 – 2.30pm *Circus Skills Workshop* – Solo Circus (Near to Children's Marquee) (Age 5+)

Join Mark for fun and frolics and learn a new skill or two at the same time from this hugely experienced and energetic artist. You can learn to juggle, plate spin, hula hoop, unicycle and more.

Constructive fun for children and adults.

Red Marquee

10.00 - 11.00am ****Show Premiere**** *Before I Forget* – Ana Maria Lines with Alex Vann and Gary O'Dowd (Age 12+)

60 years old in Japan is called KANREKI. , rather than being seen as getting older, Kanreki is viewed as a rebirth. The word Kanreki derives from the words kan meaning return, and reki meaning calendar. When a person turns 60 they will have gone through the Chinese zodiac cycle five times. Ana's life started surrounded by the Japanese community; the first story that she learned was a Japanese tale. People and stories from many cultures and backgrounds influenced Ana's life and shaped the woman she is now. Turning 60 is viewed in Japan as our chance to start over again, but Ana says, "Let me tell you something Before I Forget ..."

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Ana is an engaging storyteller who was born in Brazil, her mellifluous voice will enchant and charm you. Ana is working with Alex and Gary in this premiere of the show, using songs and music together with stories in an exploration of life and memories.

11.30am - 12.30pm *Glass Palace of the Moon Maid - Shonaleigh* (Age D, 12+)

When Eben the Stonemason saves a lost baby from a river and finds her a new home, he little suspects that it will lead him to the stars and beyond. The Glass Palace of the Moon Maid is a little-told magical wonder-tale spanning this world and the beyond, a tale of stars and comets and moons, life and death, love and betrayal, and, of course, the occasional goat.

1.00 - 2.00pm *The White Haired Prince – Sahand Sahebdivani* (Age B, 7+)

A children's version of the heroes of the Shahnameh. Sahand breathes new life into these ancient tales from Persian folklore which focus on the hero, Rostram. Follow this Trickster's footsteps and adventures to find out where they lead in this fascinating tale.

2.30 - 3.15pm *Into the Bone – Mark Borthwick* (Age 8+)

Into the Bone is a traditional storytelling show with music which explores foodways, animal guides, and what it means to be a human animal in a changing world. Traditional storyteller Mark Borthwick and his fiddle weave words and music together to explore emergence and becoming with our more-than-human conversation partners in Celtic myth.

"Mark's words shine like honey and lull you into an ancient dream" - Inkwell

4.00 - 5.00pm *Cunning, Crafty and Wise – Andy Harrop Smith with Suzanne and Jake Thomas* (Age A)

A new piece of storytelling and music from the combined creative talents of Andy Harrop Smith and Suzanne and Jake Thomas. Come along and take a tour of the magical, misty, mysterious Marcher Lands, the Welsh/English borders. Meet witches, wizards, cunning folk, exorcists and heroes!

Our Bardic Trio have concocted a potent brew in a cauldron containing folk lore and tales, remedies and charms, all accompanied by an original music score (except for a bit from the film 'Zulu').

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5.30 - 6.15pm *The Firebird!* – *Tim Ralphs* (Age B)

Aleksandr Afanas'ev collected a version of this classic Russian folk story that was sparse and intriguing - rich in fabulous imagery but a bit lacking in narrative logic. Never one to shy from a challenge, Tim has stitched it together with threads taken from a dozen different traditional tales. Talking horses. Cruel Kings. Gold-greedy Princesses. Crustacean Etiquette. What more could you want?

Purple Marquee

10.00 - 11.00am *Long Ago When Stones were Soft* – *Len Cabral* (Age A)

Len shares a selection of Creation Myths and *How* and *Why* stories from many places. You will love hearing about *How the Turtle Cracked its Shell* and *Why Anancy Has a Narrow Waist* along with other Trickster tales including those of the cunning (and very popular!) Coyote.

11.30am - 12.30pm *Trading Tales & Tunes* – *Sarah Liisa Wilkinson and Caleb Richards* (Age A)

Bouncing off each other's material and drawing upon their repertoire, these two fabulous artists will be spontaneously trading tales and tunes in a unique performance that you won't hear anywhere else!

1.00 - 2.00pm *Poetry and Music* – *The Ciderhouse Rebellion and Jessie Summerhayes* (Age A)

The Ciderhouse Rebellion specialises in creating music within the moment together, so each performance is uniquely magical in its improvisatory focus, whether based on a trad. tune or springing from a single unplanned note. When duo Murray Grainger (accordion) and Adam Summerhayes (fiddle) have then added the words of award winning poet and spoken voice artist Jessie Summerhayes, you have a completely unique performance.

There's an intense reciprocity between the trio, with Jessie reciting the poems, while Grainger and Summerhayes improvise, weaving everything together to create an intricate and beautiful piece of work. "The words are the music and the music is the words and it's an incredible inter-relationship of poetry to music that you don't often come across," says Grainger.

2.30 - 3.30pm *Music and Harmonies* – *Rapsquillion* (Age A)

Grizzled veterans of the Shropshire and mid-Wales folk music scene, they've been producing close harmony, mostly a capella for over a quarter of a century... from

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15th Century frottola to 21st Century 'protest', parody, traditional, world, jazz and the chapel hymn book, as well as some home-grown songs and tunes.

4.00 - 5.00pm *The Silver Thread: Stories of the North Sea* – Aisla Dixon (Age F)

Aisla Dixon weaves the personal, fantastical, and historical into a tapestry of tales that explores the mythologies and magic surrounding the North Sea.

Growing up in coastal Aberdeenshire with parents from across the water, Aisla has always felt her roots lay beneath the waves rather than in the Buchan soil. Fascinated by the way the North Sea has connected, inspired, and sustained communities across centuries, she uses traditional storytelling and music to tell an individual yet universal narrative. Her own personal story echoes and mirrors that of Scotland's, as legends from Norway, the Netherlands, Orkney, and Aberdeenshire collide with real historical adventures of Vikings and aeronauts bringing out themes of place, identity, and family.

5.30 - 6.30pm *Stories of Colour from around the World* – Len Cabral (Age A)

Len energetically regales you with stories from across Africa, The West Indies, and North and South America, delighting you in these fascinating stories aimed at a family audience. Listen, join in and be enthralled by Len's unique storytelling style.

Yellow Marquee

9.00 - 10.00am *Tai Chi and Qi Gong* - Nicola G. Day (Suitable for all ages, but younger children should be accompanied by an adult).

Get your day off to a mindful start with some gentle but energizing tai chi and qi gong from highly experienced instructor, Nicola G. Day. Nicola will take you through a selection of exercises which are ideal for stretching and strengthening the muscles, focusing your qi (energy) and developing your co-ordination and balance. No prior experience necessary, remember to wear comfortable clothing and (flat) shoes.

Max – Venue Capacity. No need to sign up in advance.

10.30 - 11.45am *Workshop Singing in Harmony Workshop* – Rapsquillion (Age A)

Rapsquillion are the masters of singing in harmony, so this is a fabulous opportunity to find out the techniques of this age-old method so that you can get in tune with your own singing. Practise your new skills in the bar sessions throughout the weekend, or take the inspiration back into your life beyond the festival at the end of the weekend.

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12.00 – 2.00pm *Workshop How Do You Remember It All? - Tim Ralphs (Age 12+)*

Tim Ralphs is blessed with an utterly average memory but has long been fascinated by the games and tricks that have been used throughout the ages to aid conscious recall. Explore links between memory and imagination, utilise the body as a tool, build ladders in the mind, and maybe even find out how any of this is relevant to storytelling.

Max – 25. Please sign up at Box Office.

2.00 - 3.00pm *Activity Laughter Yoga – Jenny Moon (All ages, under 10's must be accompanied by an adult).*

It's the BEST medicine. Join Jenny and get those positive vibes flowing in a session that's guaranteed to make you laugh out loud!! This session will involve some movement too. No experience necessary.

Max – Venue Capacity. Drop-in session.

3.30 - 5.00pm *Story Round led by Dan Serridge (Age A)*

You said you wanted daytime story rounds, and we have obliged. A chance to share your stories with a small, friendly FatE audience, tell your favourite tale, or use the space to try out your new material. Remember, stories need to be under 15 minutes long. Dan will host your stories, and include as many voices as possible. All welcome, whether complete beginners or experienced tellers.

5.30 - 6.30pm *Workshop Finding your Power and Joy in your Voice – PJ Roscoe (Age G, 8+)*

A fun workshop that will have you smiling, energized and ready for your day. Do you know the power of humming? Do you know the power of sound? In this joyful session you'll discover the ways to use your voice to heal, radiate loving energy and raise your vibration to tell your stories, to sing your songs, to speak your truth and shine your light out into the world. Using movement and having fun – Paula guarantees you'll feel great! No previous experience needed.

Max. 25 – Please sign up at the Box Office.

Other venues:

Bar

Music Sessions throughout the Day – Check Noticeboard in Bar for Details.

3.30 - 4.30pm *Workshop Beer Tasting with Nick Davis of Hobsons Brewery* (Age 18+)

Following the success of last year's beer tasting sessions, Nick Davis, owner of local brewery, Hobsons, will guide you through a range of different beer styles to sample. Find out the difference between the hoppy high notes of pale ales and the rich deep flavours of amber or darker ales.

Please note there is a **£10.00** charge for this session. 20 maximum - Sign up and pay at the Box Office. **Strictly for adults aged 18 years and over.**

Festival-goers are reminded – Do not Drink and Drive!

Walled Garden

11.15 – 12.15pm *Beautiful Belly Dance workshop – Tina Hobin* (Age A)

Get yourself moving and your hips shaking in this belly dance workshop with local belly dancer Tina Hobin. Belly dancing is known for improving flexibility, co-ordination, posture and balance, so why not give it a go? It is bound to be lots of fun too!

12.30 - 1.00pm *Outdoor Performance Widcombe Fair or Poor Old 'Oss - Andy Harrop Smith* (Age A)

The CARNIVAL OF NONSENSE presents:

'WIDECOMBE FAIR' or Poor Old 'Oss...a re-telling of the sad tale of horse overloading, and ghostly goings-on around Dartmoor. Join Andy Harrop Smith and Tom Pierce's old grey mare for half an hour of Tom Foolery and any other Toms you can think of.

We'll need plenty of audience involvement including singing (this is a 'horse opera'), music (from an improvised 'orchester') and lots of horsing around.

Walks

2.00 – 3.00pm *Family Storywalk – Sue Bailey* (Age A)

Explore the beautiful grounds of Hopton Court Estate in the Shropshire hills with your storyteller guide, Sue Bailey. Pause, breathe in the countryside air and listen to short tales along the way. Suitable for the whole family.

Wear sturdy shoes, and **meet in Walled Garden.**

The Birchwood

4.00 - 5.30pm *Touched by Nature: Herbal Storywalk – Lucy Wells and Pip Waller* (Age A)

Join Lucy and Pip in a speed dating session with the plant kingdom. You will make friends with plants and trees in a light-hearted way that encourages the familiarity you didn't realise you already had. As you walk through the landscape you will also hear about stories of journeys to other realms to discover herbal lore and medicinal uses that are explored in Lucy and Pip's book. This unusual story walk will give you the chance to experience the use of a sacred offering to enhance spiritual relationships between humans and the plants as you walk among them together.

Wear sturdy shoes – Please meet in the Birch Wood.